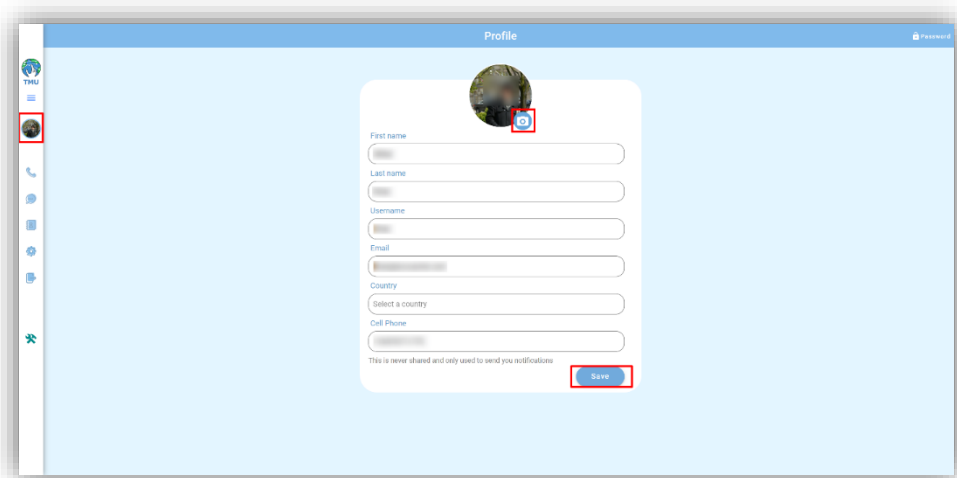


## Updating Profile and Changing Password

### Updating Profile

To update anything under your profile, including your profile picture, click on the small profile picture/placeholder located in the left menu bar and then do the necessary updates before saving the changes.



The screenshot shows a web interface for updating a user profile. On the left, there is a vertical menu bar with several icons; the profile picture icon is highlighted with a red square. The main content area is titled "Profile" and contains a form with the following fields: "First name", "Last name", "Username", "Email", "Country" (with a "Select a country" dropdown), and "Cell Phone". A "Save" button is located at the bottom right of the form. A small profile picture placeholder in the top left of the form is also highlighted with a red square. A note at the bottom of the form states: "This is never shared and only used to send you notifications".

For the profile pictures, we recommend square (1:1) images in any of the common image formats.

### Changing Password

Changing your passwords is very simple, from the profile page, click on the option that says Password, located on the top right of your screen.

The screenshot shows a 'Profile' page with a light blue background. At the top, there is a navigation bar with a 'Profile' title and a 'Logout' button. On the left, there is a vertical sidebar with various icons. The main content area features a white card with a circular profile picture at the top. Below the picture is a form with the following fields: 'First name' (filled with 'Akbar'), 'Last name' (filled with 'Khan'), 'Username' (filled with 'Khan'), 'Email' (filled with 'khan@ecocareer.com'), 'Country' (with a 'Select a country' dropdown), and 'Call Phone' (filled with '+1647671773'). A 'Save' button is located at the bottom right of the form. A small note at the bottom of the form states: 'This is never shared and only used to send you notifications'.

Now enter the new password, and confirm before clicking on save password.

The screenshot shows a 'Change Password' page with a light blue background. At the top, there is a navigation bar with a 'Back' button and a 'Change Password' title. On the left, there is a vertical sidebar with various icons. The main content area features a white card with a form for changing the password. The form has three fields: 'New Password' (with the placeholder text 'Enter your new password'), 'Retype New Password' (with the placeholder text 'Retype your new password'), and a 'Save Password' button at the bottom right. A red rectangular box highlights the entire form area.